GINGER SNAPS

Nutrition Facts

Serving Size 5 cookies (30g)
Servings Per Container about 10

Amount Per Serving

Calories 140	Calories from Fat 35
	% Daily Value*
Total Fat 4g	**6%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 135mg	**6%**
Total Carbohydrate 22g	**7%**
Dietary Fiber 1g	**4%**
Sugars 11g	
Protein 1g	

Vitamin A 0%	•	Vitamin C 0%	
Calcium 2%	•	Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Organic unbleached wheat flour, organic dehydrated cane juice, canola oil, unsulphured molasses, ginger, baking soda, sea salt, soy lecithin (used as an emulsifier).

Contains wheat, soy.

Allergy Warning: Produced in a facility that also processes or handles milk, eggs, peanuts and tree nuts.